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### **What's Good And What's Best**

**Proverbs 31:10, 28-29** - *Who can find a virtuous and capable wife? She is more precious than rubies...<sup>28</sup> Her children stand and bless her. Her husband praises her: <sup>29</sup> "There are many virtuous and capable women in the world, but you surpass them all!"*

**She Knows Her Strength Is In God**

**We Have To Spend Time With Him**

**Balancing Work And Devotional Time Is Difficult**

**Luke 10:38-42** - *As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. <sup>39</sup> Her sister, Mary, sat at the Lord's feet, listening to what he taught. <sup>40</sup> But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me." <sup>41</sup> But the Lord said to her, "My dear Martha, you are worried and upset over all these details! <sup>42</sup> There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."*

**John 15:5** - *I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing.*

**She Viewed It As More Important Than Sitting With Jesus**

**Mary Understood Where Her Strength Came From**

**She Let Herself Get To The Point Where She Was Distracted, Overworked, And Unable To Enjoy The Moment**

**Because She Was Worried And Troubled About Many Things, She Was Not Making Time For What Was Most Important**

**Jesus Wanted Martha To Rearrange Her Priorities**

**Working, Serving, and Mothering That's Rooted In Anything Other Than Spending Time With Jesus Is Toxic**

**If Serving Christ Makes Us Difficult To Live With, Then Something Is Wrong With Our Service**